

# thecollegian

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www.kstatecollegian.com

## Professor awarded \$2.52 million to study army physical fitness

By SHELTON BURCH  
THE COLLEGIAN

**K**atie Heinrich, assistant professor of kinesiology, has been awarded a grant for approximately \$2.52 million to study how the U.S. military conducts physical fitness.

Heinrich said there have always been concerns about how well the army physical fitness program prepared soldiers for combat. One concern, obesity, has also been increasing in the military – just as it has in the general population.

“What we’re proposing is a new type of physical program that honestly is already being done on a lot of our installations,” Heinrich said. “But we’re proposing a clinical trial to randomize people to either the usual physical training program that they do, or this high intensity functional training program to see which one works better at addressing body fat percentage.”

Heinrich is the principal K-State investigator to receive the grant along with Walker Poston of the National Research and Development Institutes in Leawood, Kansas.

“In the last two years, the (Department of Defense) has come out with a new perspective of fitness,” Poston said. “They think that fitness is much broader than the way they’ve been testing it.”

The current army physical fitness test includes two minutes in which soldiers do as many pushups as they can, two minutes in which they do as many sit-ups as they can and run two miles as fast as they can. This is done with 10-20 minute breaks in between each, according to the army physical fitness test manual.

Poston said the military has been working on ways of implementing balance, agility and other types of fitness into their tests. The study Heinrich and Poston will be doing involves High Intensity Interval Training, which has some of the same exercises as CrossFit, as well as 400-meter sprints. Poston said the study itself won’t be using CrossFit necessarily, even though CrossFit provides a good model.

“It just so happens that CrossFit is a good template,” Poston said. “It implements a lot of that.”

John Buckwalter, dean of the College of Human Ecology, said the grant Heinrich received is a big deal.

“It’s sort of like the premier grant to get,” Buckwalter said.



HANNAH HUNSINGER | THE COLLEGIAN

Dr. **Katie Heinrich**, assistant professor in kinesiology, has received a grant to help the US Army revamp their physical fitness program.

Heinrich said the idea for the study came from her experiences in Hawaii, where she started doing CrossFit.

“When I started CrossFit in Hawaii, I met tons of people from all branches of the military,” Heinrich said. “In fact, the owner of CrossFit Oahu was a Navy SEAL. So, here I was working out next to Navy SEALs, and in time got to realize that they’re just regular people.”



**For more on how she came up with the idea:**  
Scan the QR code to read more or visit [www.kstatecollegian.com](http://www.kstatecollegian.com)

For an article about how Heinrich is planning on doing this, see Thursday’s edition of The Collegian.

## City Commission discusses sign regulations

By KELSEY KENDALL  
THE COLLEGIAN

Tuesday at 5 p.m., the City Commission gathered to hear about proposals on changing Manhattan’s sign regulations and to discuss the Malcolm Baldrige National Quality Award.

Presenting the new proposal on sign regulation was Chad Bunger, senior planner for the city of Manhattan. Based on research and information gathered from focus groups, Bunger said it would place certain restrictions on signs for businesses and other institutions based on which district the sign is located within.

For example, low-density residential districts would be limited to a single, 2-square-foot wall sign with no digital capabilities. Larger districts would face few changes other than more simple dimensions guidelines and new fees. Digital signs would be restricted to simple numbers and letters, unless a special event permit is received. The purpose of these proposals is to simply provide order to the signs around Manhattan.

Karen McCulloh, city commissioner, said the signs in Manhattan are easier to read when compared to the “wreckage” of signs in Wichita, based on her recent visit. According to McCulloh, these proposals are reasonable, but she had concerns over the flat \$25 per sign fee that would cover the insurance in case anything were to happen to the sign or people around it.

“We need to look at the true costs,” McCulloh said.

Mayor Wynn Butler said he agreed with McCulloh, that more research should be done to make sure this is a reasonable fee. Sign registration and payment would be done online.

Not everyone was impressed with the proposals. Chris Elsey, owner of Elsey Partners, said the new regulations would cause problems for his business, which relies heavily on signs.

“We’ve surveyed (the tenants) and found that all of them had found out about us from driving past signs,” Elsey said.

Elsey suggested that the size of the signs in residential districts should be proportional to the size of the lot. According to the new proposal, his larger complex would have the same sized sign as his one family-house neighbor. Elsey said that Manhattan’s rental market is not doing so great; he would like to be able to continue to advertise his business to fill more properties.

Also presented at the meeting by Kiel Mangus, assistant city manager, was an assessment review for implementing Malcolm Baldrige National Quality Award organizational improvements. The award goes to outstanding companies and local governments that are participating in the performance excellence process. The program focuses on leadership, strategic planning, customer focus, workforce focus, operations focus, results and measurement, analysis and knowledge management. Those who apply for the award are scored on each of these issues. No Kansas company or government has yet to win the award.

“This is like shooting for an Olympic medal,” Butler said.

Certain issues, such as budget, need to be looked over before any steps can be made. While there is no exact cost for implementing the program, there are several costs such as surveys and consultations to consider.

Concerns include the time commitment involved with setting up this program and whether it could save Manhattan and its citizens money or cost more than expected.

“If there are costs associated with (the award), we need to justify them,” Ron Fehr, city manager, said.

## Local, state, national talking points

By KELSEY KENDALL  
THE COLLEGIAN

### 300 new jobs planned for Olathe

On Monday, the city of Olathe, Kansas cut the ribbon for the new American International Group Inc. call center, according to a Star Business Weekly article. AIG is one of the world’s largest international insurance companies, according to the article. Already, there are approximately 600 AIG workers in the area, but the opening of this center is expected to create around 300 new jobs by the end of 2015.

Gov. Sam Brownback told Star Business weekly that by opening an AIG center in Olathe, the company is showing that Kansas is one of the

best business environments in the U.S.

AIG will also be working with the University of Kansas to provide business, management and career opportunities for students and alumni.

### KC virus spreading

A severe respiratory virus has been infecting children throughout the South and Midwest. According to The Kansas City Star, enterovirus D68 (also known as EV-D68) was first reported to the Centers for Disease Control and Prevention on Aug. 19 by Children’s Mercy Hospital in Kansas City, Missouri. Four days later, University of Chicago Medicine Comer Children’s Hospital reported an unusual surge in respiratory illnesses to the CDC, possibly spread by coughing and sneezing.

There are enough cases of EV-

D68 at Children’s Mercy that additional bedding has been set up in the intensive care unit. According to the same article, the Children’s Mercy emergency room saw about 700 patients in one day. Of the 646 patients tested for the virus, 498 were positive. No deaths have been reported in due to the virus at this point.

The past few weeks, the spread of the virus has leveled out in Kansas City. Instead of 50-60 patients being tested for EV-D68 a couple of weeks ago, only around 15-20 patients are being tested, Mary Anne Jackson, chief of infectious diseases at Children’s Mercy, told The Star.

### Obama takes offense against ISIL

President Barack Obama announced Monday that he will be taking a more offensive stance against

the Islamic State of Iraq and the Levant, according to an Associated Press article published Monday.

This new plan is much more aggressive than the one Obama previously supported, and will be outlined along with several other issues in an address on Wednesday, according to AP. During this speech, Secretary of State John Kerry will be in Saudi Arabia and Jordan to work on gaining more support for the new campaign from Middle East leaders. Already, Obama has Canada, Estonia, Kuwait and Australia on board.

Among other changes, Obama said he is considering expanding airstrikes in Syria, something he was very reluctant to consider previously, according to the article. Obama has gathered several prominent foreign policy experts to discuss and advise him in what to do next.

### INSIDE



**3** Check out these easy ways students can save some cash



**4** See what your future holds in Madame LoCoco's horoscopes

### Fact of the Day

There are roughly 70 ingredients in McDonald’s McRib.

### SOCIAL MEDIA

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1 Walesa of Poland  
5 Young man  
8 Request earnestly  
12 Sore  
13 Flightless bird  
14 Crazy  
15 St. Patrick's Day symbol  
17 Beige  
18 Opine rudely  
19 Hears reveille  
21 Hot tub  
22 Obi  
23 Scrooge's interjection  
26 Curved path  
28 Long  
31 Caspian feeder  
33 Wall Street stat, with "The"  
35 Colorless  
36 Barber's tool  
38 Apprehend  
40 Last mo.  
41 Entrance

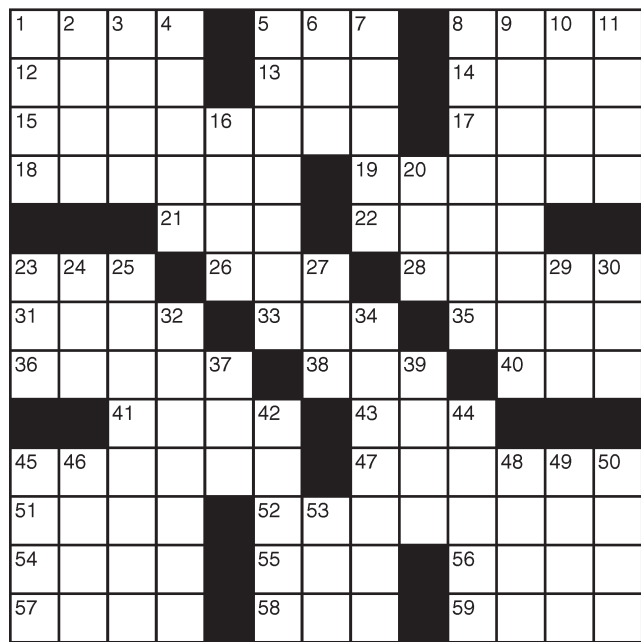
**DOWN**

1 Whip  
2 Reverb  
3 Burn something  
4 Choir's repertoire  
5 "Get Shorty" author  
6 "Breaking Bad" network  
7 "The Sorcerer's Apprentice" composer  
8 Happy  
9 Solid, as abs  
10 Farm fraction  
11 Annie Lennox's "No More I Love —"  
16 Strahan co-host  
20 Method  
23 Clear the tables  
24 Illustrations  
25 Ready money  
27 Swindle  
29 "Norma —"  
30 Peacock's home?  
32 Quick glance  
34 Serves  
37 D.C. figure  
39 Mediocre  
42 Summary  
44 Pole dance?  
45 Mrs. Zeus  
46 Cupid's alias  
48 Dregs  
49 Exam format  
50 Make over  
53 Time of your life?

**Solution time: 23 mins.**

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| S | S | E |   | A | N | D |   | O | R | A | T | E |
|   |   |   | P | I | G |   | T | W | O |   |   |   |
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| D | E | L | E |   | D | O | H |   | M | E | E | T |

**Yesterday's answer 9-10**



**9-10 CRYPTOQUIP**

Q B N R S E B L K B N T S H J B H  
M H J U B E R E Z R C C U T C Y E V R X B P  
V K J C B V T H Y J P X, K B ' C C E B P M  
R Z B E E R X B J P R Q B B L C B.  
**Yesterday's Cryptiquip:** I'D LIKE TO POUND SOME GRASSLIKE MARSH PLANTS INTO THE GROUND, SO I'LL USE A SEDGE-HAMMER.  
Today's Cryptiquip Clue: C equals L

## THE BLOTTER

### ARREST REPORTS

Monday, Sept. 8

**Jeffrey David Leinweber**, of 902 Dixon, Green, Kansas, was booked for unlawful possession of hallucinogens and use or possession of drug paraphernalia and exceeding maximum speed limits. Bond was set at \$1,000.

**Adrian Gonzalez**, of 3109 Arbor Drive, was booked for unlawful possession of hallucinogens and use or possession of drug paraphernalia with intent for use in human body. Bond was set at \$1,000.



## Patient Zero Mystery Point

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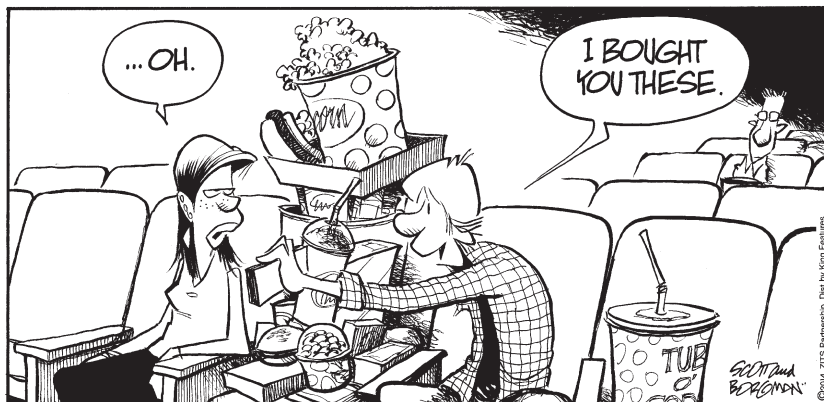
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## Zits | By Jerry Scott and Jim Borgman



## the FOURUM

785-260-0207

The Fourum is a quirky view of campus life in voices from the K-State community. Positive and humorous comments are selected for publication by the Collegian marketing staff.

**Hell** of a volleyball game tonight. Way to go ladies!

My 10-minute time allowance to walk from Eisenhower to Throckmorton is the reason I have anxiety.

We do not grow absolutely, chronologically. We grow sometimes in one dimension, and not in another; unevenly. We grow partially. We are relative. We are mature in one realm, childish in another. The past, present, and future mingle and pull us backward, forward, or fix us in the present. We are made up of layers, cells, constellations." Anais Nin

What a great article by Kaitlyn Dewell! Wonderfully written and wonderfully accurate about a rising issue.

To submit your Fourum contribution, call or text 785-260-0207 or email [thefourum@kstatecollegian.com](mailto:thefourum@kstatecollegian.com). Your e-mail address or phone number is logged but not published.

## Conceptis Sudoku

By Dave Green

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|---|---|---|---|---|---|---|---|---|
|   |   |   |   | 6 | 1 |   |   |   |
|   |   |   | 4 |   |   | 8 |   |   |
|   |   |   | 8 |   |   | 4 | 7 |   |
|   | 4 | 9 |   |   | 2 | 7 |   |   |
| 5 |   |   | 3 | 7 | 1 |   | 6 |   |
| 1 |   |   |   |   |   |   | 2 |   |
|   | 8 |   |   |   |   |   |   | 9 |
|   |   | 6 | 7 | 2 | 4 | 3 |   |   |
|   |   |   | 6 |   | 8 |   |   |   |

Difficulty Level ★★★ 9/10

## Conceptis Sudoku

By Dave Green

|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
|   |   |   | 2 |   |   | 1 |   |   |
|   | 6 |   |   | 9 |   |   | 3 |   |
| 2 |   | 5 | 7 |   |   | 9 |   |   |
|   |   |   |   |   |   | 8 |   | 1 |
|   | 1 |   |   |   |   |   | 4 |   |
| 3 |   | 7 |   |   |   |   |   |   |
|   |   | 1 |   |   | 7 | 6 |   | 8 |
|   | 8 |   |   | 6 |   |   | 5 |   |
|   |   | 9 |   |   | 5 |   |   |   |

Difficulty Level ★★★★★ 9/07

## Semester in review

Schulz inaugurated, KU defeated, provost named



Top: Rick Schulz speaks about the progress of K-State and his plans to expand the school's research. Bottom: Inauguration ceremony in September in Barnhill Coliseum.

**SEPT. 25 — SCHULZ'S MAJOR ACCOMPLISHMENT**  
The KU School of Business announced that Rick Schulz, who served as KU's provost and vice president, will be named president of the university.

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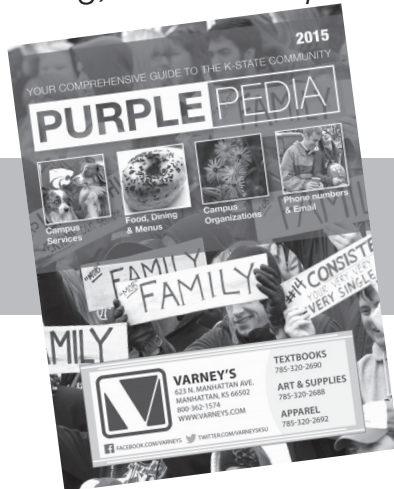
Health: September 16  
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## Small changes add up to big savings for students on tight budgets

BY LOGAN FALLETTI  
THE COLLEGIAN

Small alterations in lifestyle can help the students that grasp for spare change hold on to some cash. By examining the way people spend money in their daily lives, these little cutbacks can ease the pain of a tight college budget.

**Campus**

The privilege fee should always be considered when looking for entertainment or help with classes. The \$405.70 each full-time student pays is allocated to programs and services all over campus.

Always print from the library first. The \$10 of free printing given at the beginning of each semester covers 100 pages of black and white printing. It can also be used in the Media Development Center in Hale 213, which costs 70 cents per page but prints in full color. Even students who live in Manhattan over the summer receive a \$5 stipend for printing.

Connecting to K-State Wireless can reduce the usage of data on smartphones. Be sure to calibrate your phone and new devices for campus and public Wi-Fi signals.

Staying on campus during breaks between classes can reduce the amount of gasoline burned on commutes. This also trickles down to reduced costs in living expenses such as electricity when students choose to use the amenities of campus.

If students do choose to commute to campus in cars, refraining from purchasing a year-long parking pass can save \$170. Parking on residential side streets

is free, and they are only a few more blocks from campus. Also, parking in any parking lot or metered stall on campus becomes free after 5 p.m.

Take advantage of the water bottle filling stations in the K-State Student Union by bringing your own reusable water bottle, instead of purchasing a drink every day. Water and cups are available from taps outside the food court, enabling those without water bottles to have a drink for free. Slice of Life in the Union food court lowers its pizza prices to \$1 after 2 p.m.

**Selling**

Buying less is good, but selling more is a side of the equation that some overlook. College students are involved in many organizations that have specific insignia, from Blue Key sweaters to sorority Lilly Pulitzer prints. Brennen Menzie, senior in public relations and anthropology, sold some of her old K-State clothing online.

"Graduating students want something to wear, but not to pay a lot of money for it," Menzie said. "I sold it for \$25 ... it was awesome."

**Food and groceries**

At the end of the day, some grocery stores mark down certain food items, making for cheaper groceries. Wal-Mart and Dillon's both have a day-old section in their bakeries that include cookies, cakes, donuts and other sweet things for those on a budget.

Jimmy John's does something similar and sells its day-old bread.

"If we have bread left over from the night before, we sell it for 49 cents after tax," said Mykel Schmiedeler, district manager



PHOTO ILLUSTRATION BY TAYLOR ALDERMAN | THE COLLEGIAN

One way for students to keep their energy bill low is to monitor the use of their thermostat.

of Jimmy John's Manhattan and Lawrence locations.

Signing up for free rewards cards at each store in the community can help students save money on groceries. This can uncover new coupons and special sale prices, as well as gasoline discounts at stores like Hy-Vee and Dillon's.

**Bills**

While some costs of living are fixed, like rent payments and cable charges, bills that change

every month can sometimes be lowered with some planning. Charging a phone before bed can save hours of energy the charger would otherwise use to top off the battery, while its owner was asleep. The same thing applies to laptops and tablets. Charging these portable devices a few hours before bed and packing them away for the next morning saves time and money.

Habitually changing or programming the thermostat to change the temperature while

people are not in the residence can add up to cheaper electricity bills at the end of the month. Timing showers, using drying racks instead of dryers, and washing clothes on cold settings can also save more in utilities.

Small comforts like Netflix or Pandora probably won't break the bank, but those on a budget will save more if they resist the urge to upgrade. Pandora One eliminates ads, but costs \$60 a year.

**Handling cash**

Sometimes it's hard to associate a credit or debit card with the money stored on it. Taking out a cash stipend of a check each week can make money tangible and harder to surrender for small things.

Emptying wallets and pockets of change each day and saving it in a highly visible place like a jar or a tray near the door is a great way to keep savings at the top of the mind.

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## Pride of Wildcat Land blasts beats in the heat



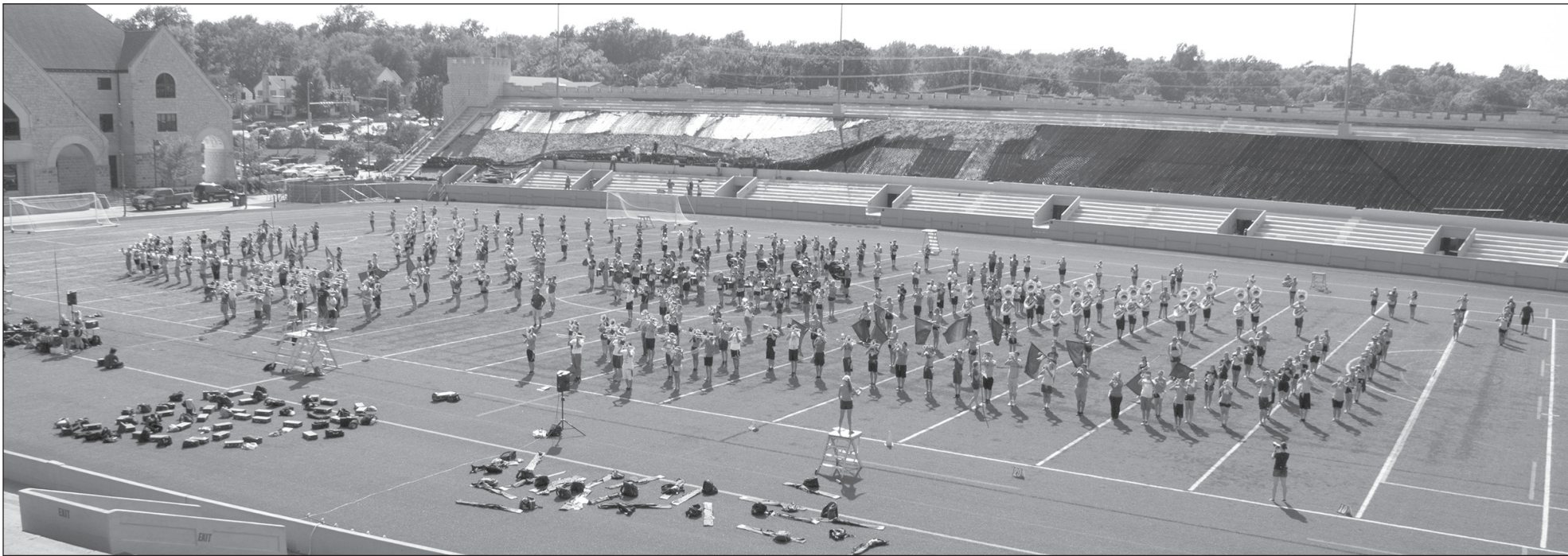
HANNAH HUNSINGER | THE COLLEGIAN

**Elida Escarcega**, junior in political science, holds up her music while learning the new British Invasion halftime show during marching band practice in Memorial Stadium on Tuesday afternoon.



TAYLOR ALDERMAN | THE COLLEGIAN

Members of the band stand in place during band practice on Tuesday afternoon at Memorial Stadium in 95 degree heat.



TAYLOR ALDERMAN | THE COLLEGIAN

Band practice was held Tuesday afternoon at Memorial Stadium in preparation for the Auburn football game to be held on Sept. 19.



HANNAH HUNSINGER | THE COLLEGIAN

**Ethan Wagoner**, senior in music education and tenor on the drumline, uses a chart to figure out his next move on the field while learning the British Invasion halftime show at band practice in Memorial Stadium on Tuesday afternoon.

## Get plugged into the video game world

By COLLIN WEAVER  
THE COLLEGIAN

### Samsung and Oculus announce the Gear VR

Samsung partnered with virtual-reality headset company, Oculus, to release a new virtual-reality headset called Gear VR. The headset will not require a computer or wires, as it will be powered by the Samsung Galaxy Note 4 smartphone's battery. Featuring the 5.7-inch AMOLED display of the Galaxy Note 4, and a 96 degree field of view, the device promises "stunning and engaging visuals."

Neither pricing or a release date were announced.

### PopCap co-founder John Vechev departs studio

A blog published by video game publisher Electronic Arts announced the departure of one of the three co-founders of video game development studio PopCap. PopCap is known for developing popular titles like "Bejeweled," "Plants Vs. Zombies" and "Peggle."

The departing developer, John Vechev, said he was leaving to focus on nonprofit work.

### 'Batman: Arkham Knight' coming June 2015

"Batman: Arkham Knight," the third installment in the "Arkham" series, will launch June 2, 2015. "Arkham Knight" was originally scheduled for an October 2014 release, but was delayed.

Two collector's edition versions for the game were also announced. The "Limited" edition includes a steelbook case, an art book, a comic book, three character skins and a Batman statue. The "Batmobile" edition includes everything in the limited edition, except that the Batman statue has been replaced with a "fully transformable" Batmobile. The "Batmobile" edition will only be available for consoles. The "Limited" edition retails for \$99.99 and the "Batmobile" edition retails for \$199.99.

### 'Mortal Kombat X' gets April release date

"Mortal Kombat X," the latest installment in NetherRealm Studios's fighting game series, will launch April 14, 2015. Pre-ordering the game will get players access to the four-armed fighter, Goro.

"Mortal Kombat X" will be available on the PlayStation 3, PlayStation 4, Xbox 360, Xbox One and PC platforms.

### Last-generation digital 'Destiny' copies get free update

Users of last-generation's (PS3 and Xbox 360) copies of "Destiny" will be able to upgrade to the current-generation (PS4 and Xbox One) copies for free. Copies must be purchased digitally through the Playstation Store or Xbox Marketplace. Purchasers of the game's expansion pass can expect that to carry over as well.

### Unreal Engine 4 offered free for schools

As of Sept. 4, 2014, schools and universities will have access to Unreal Engine 4 for free. Developed by Epic Games, the Unreal Engine is a popular game development tool that can help students create anything from small web-based games to higher-end games for the PC and consoles.

According to Unreal Engine's website, the software can be installed on school computers and personal copies are also available for free to all students enrolled in "accredited video game development, computer science, art, architecture, simulation and visualization programs." The company said it hopes students will use the engine in conjunction with other free resources available through the company, which will raise both the quality and quantity of game developers in the market.

## Slightly sarcastic horoscopes from Madam LoCoco



IRIS LOCOCO  
THE COLLEGIAN

### Virgo (Aug. 23 - Sept. 22)

Your rampant hypochondria is ruining your interpersonal relationships. Maybe typing "What the hell is the matter with me?" into Web MD will help you find the answers you seek.



### Libra (Sept. 23 - Oct. 22)

If at first you don't succeed: try, try again. If you still don't succeed, sabotage your enemies.



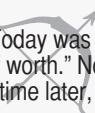
### Scorpio (Oct. 23 - Nov. 21)

You may feel like you have been channeling the ghost of Billy Mays recently, as your life continues to strongly resemble an over-dramatized infomercial accident.



### Sagittarius (Nov. 22 - Dec. 21)

Go ahead and start tomorrow's diary entry with, "Today was hopeless and bleak and I accomplished nothing of worth." No particular reason – it will probably save you some time later, though.



### Capricorn (Dec. 22 - Jan. 19)

Now is the time to reinvent yourself. Perhaps go to the biomechanical engineering department and volunteer for human-cybernetic transplant testing.



### Aquarius (Jan. 20 - Feb. 18)

You already know how horribly your week is going. What's the point in telling you about it now?



### Pisces (Feb. 19 - March 20)

The body you've always wanted is finally within your reach. Just remember to move it under cover of darkness, and use tarps and duct tape to avoid leaving DNA evidence.



### Aries (March 21 - April 19)

What doesn't kill you makes you stronger. What doesn't either makes you eat Twinkies and binge-watch Netflix for seven hours straight.



### Taurus (April 20 - May 20)

Much to your dismay, this week requires you to put on pants.



### Gemini (May 21 - June 20)

Beware: sometimes that ever-so-appealing shade of green you're seeing on the other side of the fence is more likely to be a puddle of toxic sludge than grass.



### Cancer (June 21 - July 22)

Health troubles loom on the horizon, after you belatedly realize that the Ice Bucket Challenge does not, in fact, involve freezing an entire 20-gallon bucket of water completely solid before attempting to dump it on yourself.



### Leo (July 23 - Aug. 22)

If you don't like the way things are, change them. If you can't change them, change your attitude. If you can't change your attitude, take up drinking.





# K-State football goes into bye week with unscathed record

By ADAM SUDERMAN  
THE COLLEGIAN

Two wins and zero losses or one win and one loss.

Toward the mid-point of Saturday's 32-28 win over Iowa State, the latter seemed more likely. However, the former sits more comfortably in the mind of senior quarterback Jake Waters.

And with the arrival of No. 5 Auburn (2-0) in just eight days, the road test only gets the senior signal-caller more excited for what's ahead on Sept. 18.

"It's huge," Waters said. "Especially with the confidence we have and knowing we can do this. We need to stop shooting ourselves in the foot on some things here and there; that would have been a totally different ball game. When push comes to shove and we need to make a play, we have guys that will make plays and do whatever it takes for this team to win. To be 2-0, that's awesome and going into this game, not coming off a loss, but coming in with a great win."

With new starters all across the field for the Wildcats, a two-touchdown lead in the first half looked like it might be difficult to overcome last Saturday. However, senior defensive tackle Valentino Coleman said the team took the opportunity to heart as it prepared to take the field in the second half.

"Iowa State came out really hard and aggressive," Coleman said. "They beat us in the first half, but the second half we made a promise to each other and came together as a team. We did not want to let each other down. We just wanted to come out there and show that

and try to get the win. That is what we did."

Head coach Bill Snyder was blunt toward K-State's struggles at times in Saturday's postgame press conference and his feelings haven't changed since.

However, he reaffirmed the character of his team, which only allowed 135 yards of total offense to the Cyclones in the second half.

"I saw what I saw and it didn't change a great deal," Snyder said of the game film. "There were some certain things that I didn't see through the course of the game that I did see on video tape. Still, I don't know how pleasantly surprised I was, but it does on the positive side of it, and it does have a meaningful impact on the quality of the character of the young people in our program."

Waters said the game film was eye-opening for he and his teammates, and reassured them of their ability to compete in and handle a road environment.

"We had meetings yesterday and talked about it," Waters said. "Just watching that film, we learned so much. (Not just) X's and O's wise, but about ourselves and as a team. Going through what we go through on the road in a hostile environment, being down and showing how resilient we are to come back and win. Luckily, we have those teaching moments in a win. That makes it better and we're going to grow from it too."

TAYLOR ALDERMAN | THE COLLEGIAN

Senior quarterback **Jake Waters** runs the ball and avoids Iowa State freshman defensive back Kamari Cotton-Maya at Jack Trice Stadium in Ames, Iowa Saturday.



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**Conceptis Sudoku** By Dave Green

|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
| 6 |   |   |   |   |   | 9 |   |   |
| 4 | 5 |   |   | 2 |   |   | 1 | 6 |
|   |   |   | 9 |   | 3 |   |   |   |
|   |   | 1 |   |   |   | 7 |   |   |
|   | 8 |   |   |   |   |   | 2 |   |
|   |   | 2 |   |   |   | 6 |   |   |
|   |   |   | 4 | 7 |   |   |   |   |
| 2 | 3 |   |   | 5 |   |   | 8 | 4 |
|   | 9 |   |   |   |   |   | 5 |   |

Difficulty Level ★★★ 9/22

Answer to the last Sudoku.

|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
| 3 | 5 | 6 | 7 | 8 | 4 | 2 | 1 | 9 |
| 8 | 7 | 2 | 9 | 1 | 6 | 5 | 3 | 4 |
| 4 | 9 | 1 | 2 | 5 | 3 | 7 | 8 | 6 |
| 1 | 8 | 7 | 3 | 4 | 5 | 6 | 9 | 2 |
| 6 | 4 | 5 | 1 | 2 | 9 | 8 | 7 | 3 |
| 9 | 2 | 3 | 8 | 6 | 7 | 4 | 5 | 1 |
| 7 | 6 | 4 | 5 | 3 | 1 | 9 | 2 | 8 |
| 2 | 1 | 9 | 4 | 7 | 8 | 3 | 6 | 5 |
| 5 | 3 | 8 | 6 | 9 | 2 | 1 | 4 | 7 |

Difficulty Level ★★★ 9/21

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|        | each word over 20      | 30¢ per word |
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|        | (consecutive day rate) |              |

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